

CURRICULUM VITAE OF PLAMEN PANAYOTOV, M.D.

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DATE AND PLACE OF BIRTH: 14 June 1959, Rousse, Bulgaria

EDUCATION

1973 - 1978 English Language Secondary School – Rousse, Bulgaria
1978 - 1984 Higher Medical Institute – Pleven, Bulgaria: Medicine - Medical Doctor's Diploma
1990 Medical Academy – Sofia, Bulgaria: Psychiatry - Specialist in Psychiatry Diploma

PROFESSIONAL EXPERIENCE

1984 - 1985 Rousse Regional Psychiatric Hospital: Intern Physician
1985 - 1987 Rousse Military Hospital: Chief Physician of Military Unit Medical Service
1987 - 1991 Rousse Regional Psychiatric Hospital: Senior Physician in Social Rehabilitation Clinic
2007 - 2011 Rehabilitation Centre for mentally challenged people Rousse: Manager
since 1991 Rousse Regional Psychiatric Hospital: Chief Physician of Day Clinic

PROFESSIONAL QUALIFICATIONS

1985 Medical Academy – Sofia, Bulgaria: Mental Retardation Problems
1988 - 1990 Medical Academy – Sofia, Bulgaria: Acupuncture
1990 Athenian Institute of Anthropolos, Greece: Group Therapy
1992 - 1995 New Bulgarian University – Sofia, Bulgaria: Possibilities Therapy
1993 - 1995 Wiesbaden Institute for Positive Psychotherapy, Germany: Positive Psychotherapy, Psychosomatic Medicine, Transcultural Psychiatry
1994 Brief Family Therapy Center, Milwaukee, Wisconsin, USA: Solution-Focused Brief Therapy
1995 - 1996 Institute for Systemic Experience – Prague, Czech Republic, and Norddeutsches Institut für Kurzzeittherapie – Bremen, Germany: Brief and Systemic Therapies
1997 - 2000 Dreyfus Health Foundation, USA & Higher Medical Institute – Pleven, Bulgaria: Problem Solving for Better Health
1998 Medical Academy – Sofia, Bulgaria: Clinical Supervision Theory and Practice
1998 Ministry of Health – Sofia, Bulgaria & Grupo Consultor de Infraestructuras – Madrid, Spain: Health Policy, Economy, and Management in Health Care
1998 Salzburg Seminar, Austria: Health Care Through the Patient's Eyes
2000 Center of Educational Services and Qualifications – Sofia, Bulgaria & FKCenter – Stockholm, Sweden: Solution-focused Consulting Approaches
2005 CEFEC: Psychosocial Rehabilitation and Community Care in Prague, Czech Republic
2006 Idea S.A., Seville, Spain & Leonardo da Vinci Program: Employment strategies for people with severe mental health problems, Quality in social firms, Work integration policies, and Work Therapy
2008 Institute of Behavioral Strategies Sofia: Group work with dependent clients

OTHER QUALIFICATIONS

- 1992 European Alliance of YMCAs: Management of Non-governmental Organizations
- 1994 - 1995 New Bulgarian University & Open University – London, UK: Management and Business Administration – The Effective Manager Certificate
- 1996 World Alliance of YMCAs, Draperstown, Northern Ireland: Conflict Resolution
- 1997 Rouse University, Bulgaria: Basic Computer Skills
- 2004 Bulgarian Association for Clinical Trials & Institute of Clinical Research, United Kingdom: Introduction to Good Clinical Practice for Investigators
- 2005 Rein – EA Ltd.: Quality Evaluation – ISO Certification, Accreditation, Licensing
- 2007 Bulgarian Association for Clinical Trials: Good Clinical Practice for Investigators

MEMBERSHIPS

- 1992 - 1998 President of Rouse YMCA
- since 1992 Member of the Bulgarian Psychiatric Association
- since 1993 Member of Open Society Club – Rouse, Chairman of the Medicine and Health Care Expert Committee
- since 1993 Member of the Bulgarian Medical Doctors' Union
- since 1995 Member of the European Brief Therapy Association
- 1996 - 1997 Consultant at Prevention Center of Society X – Rouse
- since 1997 Chairman of the Board of Solutions Center Rouse
- since 1999 Member of the International Family Therapy Association
- 2006 - 2012 Member of the Board of the European Brief Therapy Association

TRAINING EXPERIENCE

- Since 1997 Trainer in Solution-Focused Brief Therapy at Solutions Centre Rouse & PIK Centre Sofia
- Since 2010 Lecturer on Solution-Focused Brief Therapy at the Angel Kanchev University Rouse Continuing Postgraduate Educational Centre
- Since 2013 Lecturer on Solution-Focused Brief Therapy at the Angel Kanchev University Rouse Ergo-therapists Masters Program

EXPERIENCE WITH CLINICAL TRIALS

- since 2000 Numerous industry-sponsored clinical trials on diverse psychoactive drugs for treating mental disorders
- 2002 British – Bulgarian study on the genetic causes of psychiatric disorders
- 2002 Health economic study on Schizophrenia treatment costs in Bulgaria
- 2004 Bulgarian Association of Clinical Research & Institute of Clinical Research, United Kingdom – Introduction to Good Clinical Practice for Investigators
- 2007 Bulgarian Associations of Clinical Research – Good Clinical Practice for Investigators

PUBLICATIONS

- *Panayotov, Plamen*. Solution Focused Brief Therapy in Bulgaria, European Brief Therapy Association Newsletter, 1: 3-4, 1996

- *Панайотов, Пламен*. Изследване Възможностите на Пациентите в Клиничната Психиатрична Практика, Комуникации за по-добро здраве - Бюлетин на Dreyfus Health Foundation - New York & Медицински Университет - Плевен, бр. 3: 58 - 59, 1997 и бр. 5: 26 - 27, 1998
- *Panayotov, Plamen*. Es kann so kurz sein, in Wolfgang Eberling & Manfred Vogt-Hillmann (eds). Kurzgefasst - Zum Stand der losungsorientierten Praxis in Europa: 187 - 190, Dortmund: borgmann publishing, 1998
- *Panayotov, Plamen*. Solutions and Chronic Health Problems: Solutions and Mucoviscidosis & Solutions and Hypoparathyroidism - Video-tape, Solutions Centre Rousse, Bulgaria, 1998
- *Панайотов, Пламен*. Интервюиране на хронични соматични пациенти за възможностите им, Бюлетин за психичното здраве, психиатрията и психиатричната професия на Българската психиатрична асоциация, бр. 3/4: 24 - 26, 1998
- *Панайотов, Пламен*. През погледа на пациента: изследване мнението на потребителите на здравни услуги за полученото медицинско обслужване, Комуникации за по-добро здраве - Бюлетин на Dreyfus Health Foundation - New York & Медицински Университет - Плевен, бр. 9: 45 - 48, 1999
- *Панайотов, Пламен; Аничкина, Анета; Страхилев, Боян*. За повече години живот и повече живот през годините – видео-филм, Център “Решения” – Русе, 2000
- *Панайотов, Пламен*. “За повече години живот и повече живот през годините”: Интервюиране на хронично соматично болни за възможностите им, Комуникации за по-добро здраве - Бюлетин на Dreyfus Health Foundation - New York & Медицински Университет - Плевен, бр. 10: 59, 68 – 69, 2000
- *Панайотов, Пламен; Ангелова, Антоанета*. Трудова терапия и самопомощ на пациенти с хронични душевни разстройства от Русе, Научни трудове на Русенски Университет “Ангел Кънчев”, том 39, серия 6, Кинезитерапия и медицина, 98 – 101
- *Панайотов, Пламен; Аничкина, Анета*. Фокусирана към решенията кратка терапия, Психотерапия – методи и направления, ред. Хр. Христозов, 273 – 281, 2002
- *Панайотов, Пламен*. Стъпки към едно по-добро бъдеще. Quetiapine и фокусирана към решенията кратка терапия с биполярен пациент, Бюлетин на БПА, ¾, 49 – 50, 2003
- *Panayotov, P., Anichkina A., Strahilov, B.* Solution-focused Brief Therapy and Medication Adherence with Schizophrenic Patients, in *Franklin, C., Trepper, T., Gingerich, W.J. and McCollum, E. (eds)*, Solution-focused Brief Therapy: a Handbook of Evidence-Based Practice. New York: Oxford University Press, 196 – 204, 2011
- *Panayotov, Plamen A.* Simple Therapy. Sofia: PIK-BS: ISBN 978-954-90423-2-0, 2011
- *Panayotov, Plamen*, Abschied von Insoo and Steve, in *M. Vogt, F. Wolf, P. Sundman, H.N.Dreesen (eds)*, Begegnungen mit Steve de Shazer und Insoo Kim Berg. Basel: Borgmann Holding AG, 119 – 122, 2012
- *Panayotov, Plamen*, Simple Therapy (Questions and Non-questions), in *A. Lewinski, J. Szczerkowski, T. Switek (eds)*, Upside Down. Solution Focused Paradigms – Revolutions and Evolutions. Torun: AKAPI, 63 – 93, 2012
- *Панайотов, Пламен*. Проста Терапия: Решението е само на усмивка разстояние. София: ПИК-БС, ISBN 978-954-90423-4-4, 2013